



Sarcoma Cup 2011 NOR



Please register by August 25th to avoid late fees

When: August 27, 28, 2011

Hosted By: Berkeley Yacht Club - with the support of Richmond Yacht Club, and Berkeley Marina

Sponsored By: BeatSarcoma

The Sarcoma Cup (www.sarcomacup.org) is a charity fundraiser and celebration of the sailing life that features great racing, excellent dockside activities, and support for a very worthy cause. All proceeds beyond costs will go towards research for a cure for Sarcoma, the 'forgotten cancer' - and we will strive to cover all costs through some form of sponsorship. The Sarcoma Cup trophy itself was custom-made for the event and donated by Jerry Kermode, a world-class woodworking master.

So plan on having a great time and supporting a good cause! See www.beatsarcoma.org for details on the nonprofit charity behind this event and the [event website](#) for more detail about the Cup itself.

1.0 Rules:

The regatta will be governed by the Racing Rules of Sailing (2009-2012).

2.0 Advertising

Advertising will be restricted to Category A.

3.0 Eligibility

All one design classes and PHRF racers are invited to this event. Multihulls and short-handed sailors are welcome on Sunday. Youth 29er fleet invited (must be 19 or younger to enter)

4.0: Entry Fee:

- Saturday: \$ 1.25/ft

- Sunday: \$ 1.25/ft
- \$10 late fee after August 25

5.0 Venue and Schedule:

5.1 Saturday:

a) Saturday's races will be conducted in the vicinity of the Southampton Shoal/Berkeley Circle. There will be a start for each one-design class or PHRF fleet with 5 or more boats, and a cruising division. Three races are planned, however, the race committee may decide to run fewer races depending on conditions.

b) The race committee may establish two separate racing areas to minimize the interactions of fleets.

c) Warning is at 1100.

5.2 Sunday:

a) Most fleets will sail a reverse handicap long distance race 'Islands of Hope', around islands within the bay, starting in the Southampton area and finishing near the Berkeley Marina breakwater.

b) The J105 fleet and the Open 5.70 fleet will be given 2 buoy races on Sunday, in the Southampton/Berkeley Circle area, by prior arrangement. Other fleets desiring a buoy race on Sunday are requested to please contact the Regatta Chair, no later than 8/15. Availability of this option is limited and at the discretion of the race organizers. Please contact the race chair, Mark Lowry at lowry3@lInl.gov.

c) Warning for all fleets is at 1100.

6.0 Sailing Instructions:

Sailing instructions will be available no later than August 20 at www.sarcomacup.org or at Berkeley Yacht Club. Copies of the sailing instructions will be available on the day of the races.

7.0 Scoring

All buoy race results will be used to calculate and score each fleet (no throw- outs).

8.0 Awards:

8.1 Fleet awards will be awarded on Saturday - Awards will be given to 1st and 2nd place for divisions with 5 boats and to 1st, 2nd and 3rd place for fleets with more than 5 boats.

8.2 Sarcoma Cup perpetual trophy and pursuit race trophies will be awarded on Sunday. There will be a take home trophy for the winner of the Sarcoma Cup. There will also be awards given out to 1st, 2nd, 3rd. There will also be awards given to the 14th finisher.

9.0 Registration: Register online at www.sarcomacup.org, opens July 25...

10.0 Additional Racing Info: Race Chair—Mark Lowry (lowry3@lInl.gov)

General Inquiries: sarcomacup@beatsarcoma.org

Docking:

1200 Friday visiting yachts are welcomed to dock in the Berkeley Marina. A map of available docking space will be published early August at www.sarcomacup.org - these spaces have been generously made available to Sarcoma Cup racers by the Berkeley Marina. Berths will be allocated at no cost on a first come first served basis and while we do not expect to run out of space, we recommend that you contact sarcomacup@beatsarcoma.org to reserve a space as early as possible. The Berkeley Marina will make one of the launch ramps exclusively available to small boats racing in the Sarcoma Cup. Water taxis will operate in the marina and ferry passengers during the dockside event hours and can be ordered via **VHF channel 68** or by calling **415-200-7309**. Vessels are welcome to stay overnight at the BYC guest dock on Sunday.

The south entrance to the Berkeley Marina, passing to the south of the detached riprap breakwater, is the preferred entrance. Controlling depth at the zero tide level is approx. 7 ft. Use the north edge of Skates restaurant (the building overhanging the water to the north of the fishing pier) as a range. Turn towards the breakwater when the south end bears approx. 30 degrees magnetic.

Spectator Rides:

Please contact sarcomacup@beatsarcoma.org if you would like to organize spectator rides for your friends.

Parking:

Public parking is available throughout the Berkeley Marina on a first come first served basis. Most boats will be able to raft up close to the venue for the evening entertainment and the Berkeley Marina will offer water taxi services for the others.

On the water photography: Ultimate Yachtshots, h20shots.com, Lyons Imaging and the Marine Media Alliance will cover the races. **Free downloads** will be available online at photo.beatsarcoma.org

General Inquiries: sarcomacup@beatsarcoma.org

Dockside Schedule of Events

August 18 Online charity auction will begin

Event shirts will be long-sleeve wicking shirts available for \$16. Hard to find that kind of shirts for so cheap!!

Open Sailing is hosting demo sails prior to the Sarcoma Cup. You can find out more at <http://www.opensailingusa.com>

Friday

1200 Participating yachts welcome to begin docking - if you have reserved a berth, please make arrangements w/ sarcomacup@beatsarcoma.org to pick up a dock key on Friday

2200 Online Charity Auction closes

Saturday

0830 Skipper packet pickup, including Ocean Navigator magazine, discount coupons, one free massage coupon per crew per day of racing, and other goodies!

0830 Event wicking shirt sales (unbeatable prices for a long-sleeve wicking shirt!) - \$16

0830 **Free gourmet coffee and pastries.**

Immediately after the race **Free Keg, free appetizers and rum punches, free massage**

1500 Live Rock Band, *the Blazing Saddles*

15:15 Charity Auction Starts (only remaining items that were not sold in the online auction will be available for bid)

1700 Upscale dinner, slide show of race photos and mellow live music from the *Ukulele Ladies*

1800 Charity Auction Closes

1800 Live band shifts gears and changes to the *Stephanie Teel rock band*, dancing until you drop!

1800 - 2200 Charity Auction Item pickup at Berkeley Yacht Club

Sunday

0900 Registration and Shirt Sale open - Hearty or light Breakfast dockside for \$6.

1100 First warning off Berkeley Circle. Pursuit race 'islands of hope', or buoy races

ASAP after race finishes **Free beer, free rum punch, free snacks and free massage** - slide show of race photos

As soon as possible after the race: awards ceremony at Berkeley Yacht Club (featuring exquisite hand-carved trophies, valuable sponsored prizes)

1700 Berkeley Yacht Club-hosted Dinner and entertainment (\$7)

[Tidbits of Sarcoma Info...](#)

(unless otherwise specified, the source is National Cancer Institute)

- Each school day, 46 children are diagnosed with cancer in the US and 10 with some form of sarcoma

- 10 people/day will die of soft tissue sarcoma (Source: WrongDiagnosis)

- About 170,000 each year will be diagnosed with sarcoma around the world (Source: Wrong Diagnosis

and national agencies. Warning: some statistics are difficult to gather in some developing countries)

- 20% of all childhood cancers are sarcomas. Sarcoma mostly affects children, teenagers and young adults

- 'Sarcomas is the most common hard tumor in young adults today' – (Institute Gustave Roussy, Villejuif, France)

- Sarcomas are uncommon cancers because it primarily affects children and young adults. The highest

percentage of cancer occurrences is among the elderly. However, sarcoma destroys many more lives

before they have time to blossom, thus contributes to many days that could have been lived if it

weren't for cancer.

- Studies released in 2008 by the Journal of the National Cancer Institute showed that children who

survive cancers have an increased risk of developing a secondary sarcoma, compared with the general population

- The secondary cancer type most often developed by cancer patients as a side effect of radiotherapy is sarcoma.
- Osteosarcoma is the most frequent bone cancer. 60% of these tumors occur in children aged between 10 to 20 years- old (Institut Gustave Roussy at Villejuif, 2008)

Sarcoma has no cure today

Supporting sarcoma research will have a huge impact

- Important funding needs: Sarcomas are hard to diagnose, hard to detect and hard to treat. Biopsy is the only diagnostic tool and surgery often the only curative treatment. Many sarcomas resist current cancer treatments.
- High return on funds: Sarcoma research is still at the beginning of the learning curve. The incremental value of every dollar is high. Donors and sponsors can make a noticeable impact
- Far- reaching benefits: BeatSarcoma favors fundamental translational and early clinical research as opposed to late clinical trials. The funding needs there are greater and the benefits far- reaching.
- No "tax" levied on donations: Currently, 100% of funds raised through sarcoma cup support sarcoma research.
- Complete Transparency: BeatSarcoma publishes all relevant financial and medical information.
- Powerful Focus: In order to reach efficiencies of scale and a greater impact, BeatSarcoma is focused on sarcoma- related issues.

BeatSarcoma is organized around the idea of racing and sailing.
BeatSarcoma's founder is an active local sailor

For more information about BeatSarcoma's past research gifts, see - http://www.beatsarcoma.org/Beat_Sarcoma_s_Donations.html